



One Foot Forward, in conjunction with the Oneida Recreation Department, is proud to announce

## Kids Run Oneida

This exciting and fun two-week program teaches your child about the FUNdamentals of running, healthy eating, safety, and much more!

**Who:** Boys & Girls entering 4<sup>th</sup> grade through 8<sup>th</sup> grade

**When:** July 11 – 22, 2016, Monday through Friday

**Time:** 9:00-11:00 AM

**Where:** Oneida High School Track

**Cost:** \$60 per child; \$40 per child for Families registering 2 or more

For more information, contact Jennifer Mott at (804) 363-3877 or [1footrunwalk@gmail.com](mailto:1footrunwalk@gmail.com). Register at the Oneida Recreation Department, 217 Cedar Street.